

Post from Africa



Dear Friends,

Now it is time for me to say my final goodbye here!

The first few weeks in Germany were filled with visits and meetings. I was able to share and talk about a lot of things, and hopefully also encourage others and give insights into my work and life in Tanzania. Unfortunately, I became ill quite quickly, as the beginning in Germany was very cold.

However, the strawberry season also played its part in my quick recovery!



When returning home, I am always struck again by how much we take for granted and how differently I look at habits, values, and everyday life after spending time in a foreign culture. Differences between cultures should not be an occasion for comparison or judgment (even though we inevitably tend to do so), but rather an invitation to learn. Culture is a living web of values, experiences, and habits that shapes us while also constantly evolving.

I have learned that openness to other ways of life and the ability to reflect on one's own cultural conditioning are a great enrichment — and probably skills that we will need more than ever in the future. My hope is that we come to see diversity as a strength rather than a threat; because those who are firmly grounded in their own culture in a reflective way do not need to meet the unfamiliar with fear, but can approach the learning process with curiosity and trust and grow from it.

I would even say: this can help us discover more joy and satisfaction in our own lives!



Our understanding of wealth and poverty, which are inevitably also linked to illness and health, can also change, as both are defined and experienced very differently in various cultural and social contexts.

In my talk, I spoke among other things about this.

There is a recording of it — if you would like to listen to it, you can do so via this link:

https://www.youtube.com/watch?v=tcEsxsMN_dA



AIR MAIL

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The return home also included a visit to beautiful Tübingen, where I underwent my final medical examination at the Tropical Clinic of the German Institute for Medical Mission. I am very grateful that I was able to return to Germany in good health.

I may now live in beautiful Allgäu and am very much looking forward to the summer in Germany. From September onwards, I will be teaching at a nursing school and will resume my freelance consulting work more extensively. I am also grateful that I will be able to continue my theology studies at the Theological University of Ewersbach from October.



To conclude, I would like to sincerely thank you all!

It has been a great honour and joy for me to take you along and share my time and work in Tanzania with you. Thank you for being willing to broaden your horizons. I hope that this will be a blessing in your lives, and that you may carry gratitude within you as a treasure!

Thankful for

- that the Tanzanian government sent the new breathing support devices
- for the many encounters and visits back in Germany
- for protection during the journeys

Request

- for continued strength and wisdom for the hospital team in Shunga — that they do not become discouraged, but continue joyfully, finding and shaping their own ways forward
- that the remaining medical equipment will be sent by the government as soon as possible
- for continued safe arrival and settling in in Germany

Important Information

My position with Allianz Mission will continue until the end of June 2026.

Until then, I rely on your partnership in prayer and financial support!

Thank you so much for this!

You're very welcome to support the hospital in Shunga directly starting in July 2026.

Feel free to adjust your standing order for this purpose —

only the reference line needs to be changed!



DONATION

IBAN: DE86 4526 0475 0009 1109 00

BIC: GENODEM1BFG

Purpose of Use: Krankenhaus Shunga

Allianz Mission will remain a partner of the hospital and will continue to be involved in supporting, equipping, and encouraging the Tanzanian staff throughout this process.



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